

# Psalm 32

- I. [Superscription] (1a)  
A. Of David  
B. A Maskil (contemplative poem)
- II. [Forgiven one is blessed {quoted by Paul in Romans}] (1b-2)  
A. Blessed is he whose transgressions are forgiven, (1b) a b c  
B. whose sins are covered (1c) b' c'  
C. Blessed is the man whose sin the LORD does not count against him (2a) a b c  
D. and in whose spirit is no deceit. (2b) b' c'
- III. [Hiding sin causes soul rot] (3-4)  
A. When I kept silent, (3a)  
B. my bones wasted away through my groaning all day long. (3b)  
C. For day and night your hand was heavy upon me (4a)  
D. my strength was sapped as in the heat of summer (4b)  
Selah
- IV. [Confession of sin brings healing] (5)  
A. Then I acknowledged my sin to You (5a)  
B. and did not cover up my iniquity. (5b)  
C. I said, "I will confess my transgressions to the LORD" (5c)  
D. and You forgave the guilt of my sin. (5d)  
Selah
- V. [Leads to blessing and praise] (6-7)  
A. [General] (6)  
1. Therefore let everyone who is godly pray to You while You may be found (6a)  
2. surely when the mighty waters rise, (6b)  
3. they will not reach him. (6c)  
B. [Personal] (7)  
1. You are my hiding place (7a)  
2. You will protect me from trouble (7b)  
3. and surround me with songs of deliverance (7c)  
Selah
- VI. [The moral: Don't be a fool- the two ways] (8-10)  
A. [I will teach you] (8)  
1. I will instruct you (8a)  
2. and teach you in the way you should go (8b)  
3. I will counsel you (8c)  
4. and my eyes will be on you (8d)  
B. [Don't be a fool, but repent by your own choice] (9)  
1. Do not be like the horse or the mule, (9a)  
2. which have no understanding (9b)  
3. but must be controlled by bit and bridle (9c)  
4. or they will not come to you. (9d)  
C. [The two ways] (10)  
1. Many are the troubles of the wicked, (10a)  
2. but the LORD's unfailing love surrounds the man who trusts in Him (10b)
- VII. [Praise] (11)  
A. Rejoice in the LORD and be glad, you righteous (11a)  
B. Sing, all you who are upright in heart! (11b)